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10.14.16

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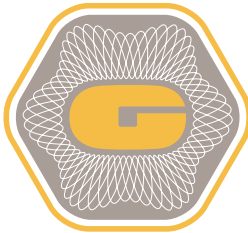
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LIFE ON MARS

CAN THE HUMAN BODY HANDLE THE JOURNEY?

By Dariusz Borys and John Biemer | CHICAGO TRIBUNE

The race to the Red Planet is heating up. President Obama touted NASA's plans to send people to Mars by the 2030s in a recent piece written for CNN's website. Last month, SpaceX founder Elon Musk announced an ambitious plan to go to Mars and establish a colony, with a human mission landing there as soon as 2025. Boeing's CEO responded that his company would get a rocket with a crew to Mars even earlier than that.

There's no doubt the spirit is willing, but can the body hold up on the long trip to Mars? This is one of the burning questions that must be answered before embarking on such an epic space journey.

Mars is an average of 140 million miles from Earth, depending on its point in orbit. Getting there would take an estimated six or seven months. Over the years, valuable data has been gathered from previous long-term space missions, from the 1970s Skylab to the International Space Station today. The evidence shows that human physiology is dramatically affected when there is little or no gravity.

After 340 days on the International Space Station, U.S. astronaut Scott Kelly arrived on Earth earlier this year temporarily 2 inches taller than his identical twin brother, Mark. After spending a year in microgravity aboard the Russian space station Mir in the 1990s, cosmonaut Sergei Avdeyev was taken out of the spacecraft on a stretcher because he was too weak to even sit up in a chair.

Among the bigger challenges scientists are

working to overcome are the changes that occur to the human skeleton in space. From previous experience, it is well-established that bones lose about 1 percent of their mass every month they go without gravity. The process of bone loss in space resembles osteoporosis, a common bone disease that particularly affects the elderly.

If crew members land on Mars after months and months without gravity, their bones may not be able to support their own body weight. Their vertebrae, hip bones and wrists may fracture easily, and disc herniations may cause back pain that could seriously hinder their ability to build a colony and explore the planet.

To combat those effects, crews on extended space missions have undergone strenuous exercise regimens using resistance training. But even though astronauts strapped into treadmills and other exercise devices for workouts averaging about 2.5 hours a day, they still experienced significant decreases in muscle strength and bone density following flights averaging 180 days long, according to NASA research.

Osteoporosis, which affects an estimated 54 million Americans, is a skeletal disorder caused by factors including age-related loss of efficiency in bone-producing cells, as well as dropping levels of hormones in women after menopause. The result is low bone-mineral density that reduces the ability of bones to resist fracture when bearing loads under normal daily activities. One out of two women and one in four men over age 50 will break a bone as a result of osteoporosis, according to the National Osteoporosis Foundation.

To stay resilient and strong, bones constantly undergo remodeling led by specialized cells that tear down old bone (osteoclasts) and build up new bone (osteoblasts). That process is stimulated by signals from outside the cells, including gravity, which are received by tiny receptors on the outer surface of those cells. Therefore, it may be helpful to study those receptors and see how the response to those signals differs in bodies on Earth and those floating in a spaceship. Research on such mechanisms may end up finding ways to help patients deal with

osteoporosis back on terra firma.

The impact of zero gravity on bones is just one medical puzzle to be solved before embarking on a trip to Mars. Space causes other complications as well, including alterations to the circulatory system and the immune system, as well as radiation levels that could cause cancer.

Still, in this era when terrorism, gun violence and divisive politics capture most of the headlines, a journey to Mars is an endeavor that may have the power to unify us and rekindle the hope and enthusiasm of the old space race five decades ago. After all, we human beings are—despite our physical frailties—explorers, always seeking to broaden our horizons in this world and beyond.

The spirit of adventure and the drive to explore is in our bones—as long as our bones are up to the task.

DR. DARIUSZ BORYS IS A BONE PATHOLOGIST AT LOYOLA UNIVERSITY MEDICAL CENTER IN MAYWOOD. **DR. JOHN BIEMER**, A FORMER CHICAGO TRIBUNE REPORTER, IS A PATHOLOGY RESIDENT AT LUMC.

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the chatter JOIN THE CONVERSATION

Sexless at three months



Anna Pulley

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Dear Anna,
 I met a man on Skout. We've been hanging pretty tough over the last three months. I really enjoy his company. We definitely have chemistry in bed, but, that's the rub—we have had intercourse only three times and that was in June, much to my chagrin and dismay. At first, he said he

wanted to build our relationship without the distraction of sex. After July, and then going into August, I'm like "Don't you want me? I want you? Are you making love to someone else?" We spend so much time together after work that I really don't think it's possible that he's doing something else. Now it's September and we still have not come together to make love. We spend nights together, but no sex. I'm starting to wonder if he's just not into me as much as I'm into him. I even wonder if the thought of sex with me has him disgusted or something? I'm attractive and in good shape. But I don't feel as if he desires me. I just don't buy this let's-get-to-know-each-other-better line. Am I being rejected and can't see the writing on the wall? It hurts my heart every time this guy says no. I feel like I'm begging for his affection. —Sexless in Chicago

feel about the current state of your sex life. Tell him what you told me in your letter. (Except don't accuse him of screwing around unless you have compelling evidence to support it, which you do not.) Then ask him your questions: Is he not that interested in sex? Is he not interested in certain KINDS of sex, a la P-in-V intercourse, but maybe would be down for other things? Is it a trust issue? An attraction issue? An age issue? A medical one? Ask him about past relationships and if this has been an issue for him with others. Tell him what you'd like to see happen and change.

Depending on his answers, you can come up with a game plan. Though honestly, unless the non-sex chemistry is earth-shatteringly fantastic, I don't know why you'd invest in a relationship with someone who is

already making you feel crappy after so short a time.

Generally these problems do not get BETTER over time—ask any married person. Or any couple with mismatched sex drives.

Sex is important to you and being desired is important to you and it's not crazy to ask the person you're dating to attempt to satisfy those needs.

Is he up for trying? Or at least having an

“Sex is important to you and being desired is important to you and it's not crazy to ask the person you're dating to attempt to satisfy those needs.”

Dear SIC,

Three months is awful early to be in a not-exactly-agreed-upon sexless situation.

It's also awful early to be “begging for his affection” and to have your heart “hurting” over it.

It sounds like it might be a case of having mismatched libidos—with his being much lower than yours—but it's difficult to say without some candid conversations with him about it.

Sit him down and (gently) ask him what's the deal. Be vulnerable. Tell him how you

honest conversation about it? The “Let's get to know each other better” line isn't working anymore—indeed, it's actively hurting your feelings.

If his answers and honesty are compelling to you, give him a chance to straighten up and screw right (a month maybe?), and if he doesn't, find yourself another fellow who will throw you a bone, literally and metaphorically.

ANNA PULLEY IS A REDEYE CONTRIBUTOR. WANT TO ASK ANNA AN ANONYMOUS QUESTION ABOUT LOVE, SEX OR DATING? EMAIL YOUR QUANDARY TO REDEYEDATING@GMAIL.COM.

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FOR YOUNGER CUBS FANS, THEY'RE JUST LOVABLE—NOT 'LOSERS'

By Andy Frye | FOR REDEYE

You have to be in your mid-70s, at the very youngest, to remember the last time the Cubs were even in a World Series (that would be 1945). You would have to be well over a century old to remember 1908, the last time the Cubs won the World Series. Chances are you don't know anyone in that category. Fortunately for all Cubs fans, the team might be on the verge of snapping its infamous title drought.

The experience of being a fan of a team that has gone 108 years without a championship is a multigenerational exploit. Yet it's worth asking whether today's young fans—Millennials and Generation Y, as they are called by sociologists—see their team the same way as older generations.

Do 20-something-year-old Cubs fans even see them as "lovable losers"? Or is the "Completely Useless By September" acronym just forgotten history?

With the playoffs set to begin, RedEye connected with younger adult Cubs fans to learn

what their baseball experience is all about.

'Like a family friend'

Adam Yakush says being a Cubs fan is ingrained in his being.

"My mom grew up near Wrigley, and the Cubs were always just part of the culture here," the 28-year-old Downers Grove resident said.

But it wasn't until he was about 14, during the 2003 season, that Yakush made an effort to "get serious" as a fan.

"I made an effort to learn every player's name and stats," said Yakush, a high school

industrial arts teacher. "I'd never just watch random TV shows. If the Cubs were playing, I'd be watching."

Attending college in Ohio didn't curtail his fervor, thanks to cable TV. Fishing trips with friends in Montana or elsewhere would include road stops in Des Moines to catch the Iowa Cubs or in Knoxville to see the Cubs' double-A affiliate, the Tennessee Smokies.

His Cubs relationship got "more serious," he said, when he started dating his future wife, Samantha.

"Our first date was at a Harry Caray's, no surprise," he said. "Dating meant going to Cubs games, or grabbing a seat at Buffalo Wild Wings to watch."

Also not a surprise: Adam and Samantha got engaged at Wrigley in April 2014 in front of Ron Santo's statue. The Cubs won that day.

While being a Cubs fan isn't all roses all the time, agony isn't part of his experience.

"The 'lovable losers' thing doesn't really stick for me," he said. "Sox fan friends give us

NLCS SCHEDULE

Cubs vs. Nationals-Dodgers winner

GAME	DATE	WHERE	TV
Game 1	Saturday, 7:08 p.m.	at Cubs	FS1
Game 2	Sunday, 7:08 p.m.	at Cubs	FS1
Game 3	Tuesday, 7:08 p.m.	at Winner	FS1
Game 4	Wednesday, 7:08 p.m.	at Winner	FS1
Game 5	Thursday, 7:08 p.m.	at Winner*	FS1
Game 6	Oct. 22, TBA	at Cubs*	FS1
Game 7	Oct. 23, TBA	at Cubs*	FS1

*IF NECESSARY

a hard time, but win or lose the Cubs are the hometown team. Like a family friend, really."

Vacationing at Wrigley

Cara Cooper's fandom started at age 5, when she just happened to join a tee ball team in her rural Virginia hometown called the Cubs. Like for generations of fans before her, watching the Cubs on WGN after school, during day games especially, became a ritual.

"I knew and liked all the players in the late '90s and 2000s," said Cooper, now 26. "I loved [Sammy] Sosa, and Kerry Wood was a favorite."

By the time she was a teenager, Cooper's fandom became a family affair.

"My brother and I bugged our parents about a Chicago vacation," she said, angling for visit to Wrigley Field. Eventually her dad, Virginia born and bred, became an equally big Cubs fan.

When it came time to choose colleges, Cooper, now a sportswriter in Martinsville, Va., said Northwestern University had the edge. After all, it was just a few train stops from Lakeview, and regular attendance at Cubs games would be a must.

Cooper also likens her Cubs fan experience and the magnetism of Wrigley to a calling, much like the way Austin, Texas, draws music fans, or how art lovers flock to New York's Greenwich Village.

"Sometimes I just had the urge to get off the 'L' for no reason at Addison, and just walk around, just to feel the spirit around the Friendly Confines," she said.

Drive-through autographs

Anyone who lives in North Center knows about the shortcut toward the Kennedy Expressway. To avoid traffic, you shoot west down Berteau Avenue, past Western Avenue, to Rockwell Street and head south.

Josh Close, who grew up in the mid-1980s at Irving Park and Western, remembers that the sports trading card shop at Western and Berteau (now the location of Armand's Pizzeria) was the place to hang out and catch your favorite Cubs player.

The 34-year-old, who also is a carpenter and lifelong Cubs fan, said that when a road series followed a day game at Wrigley, "Cubs players back then would drive themselves to O'Hare."

Prime time to catch your favorite player was about 45 minutes after the ninth inning.

"If Ryne Sandberg or Mark Grace hit the red light at the corner of Berteau and Western, then you got 'em," Close said, adding that the corner made for a great spot to get autographs from players.

"Once when I was about 15, I jumped out almost in front of Grace's car. He got out, kind of lectured me about safety and then signed my ball anyway."

Memories like these outweigh any negatives about bad seasons, "no matter how long it's been," the Ravenswood resident said.

"You're either a Cubs fan or you're not," Close said. "Now that the Cubs are really, really good, sure you could say 'There's always next year,' but it's more likely that that saying will soon be retired."

Thanks, Granddad

Kara Fagan remembers growing up in Glen Ellyn as a Cubs fan to the stories of her late



Adam Yakush
LENNY GILMORE/REDEYE

Sometimes I just had the urge to get off the 'L' for no reason at Addison, and just walk around, just to feel the spirit around the Friendly Confines."

—Cubs fan **Cara Cooper**

grandfather, Donald Olson, also a lifelong Cubs fan.

"My granddad used to talk about listening to the Cubs on the radio before baseball on TV, and tuning in for the 1945 World Series," said Fagan, 25, who lives in the city and works for Cards Against Humanity.

Thanks to him, Fagan said that at an early age she started watching the Cubs on TV "every single night, if possible," and that by seventh grade, during the 2003 season, she became even more dedicated, gathering more from the memories and an oral history of the Cubs from her grandfather.

"My granddad used to talk about us younger people being able to take for granted, in

2003 especially, how good the team was," the Lincoln Park resident said. "Like him, I'm probably more cautious than most Cubs fans my age, always looking for the win, but not getting too comfortable until we've got a good lead in the ninth inning."

'Yelling at the TV'

Growing up in central Florida has never stopped Lucas Burkley from rooting for the Cubs. Burkley, 24, inherited Cubs fandom from his grandfather, a Chicago native.

"For years my grandma and grandpa used to go to games and sit right at the third-base line," he said. "I remember he had a box full of foul balls he'd collected."

Signed balls and Chicago sportswear often became birthday presents. And though Burkley's grandfather died when he was a young child, he carries the torch.

"My apartment is covered mostly in Cubs stuff," said Burkley, a Gamestop store manager who still lives in Florida. "But, my mom tells me I'm just like my grandpa was, yelling at the TV when the Cubs lose and going crazy when they win."

Despite the distance, a Cubs pilgrimage to Chicago is for Burkley a regular thing.

His favorite memory, he said, was a visit to Wrigley in June 2009, when infielder Ryan Theriot hit a walk-off single.

"I wanted all my life to be at Wrigley to sing 'Go Cubs Go,' and with the win I lived that little dream."

ANDY FRYE IS A REDEYE CONTRIBUTOR. @MYSPOORTSCOMPLEX

A GUIDE TO GENERATIONS OF CHICAGO CUBS FANS

If you crack open old social studies books, you'll find that historians and sociologists generally talk openly about a couple of major generational cohorts. There are no hard agreements of exactly what year a Millennial, Gen Xer or Boomer was born, but different generations of Cubs fans certainly have different heroes and distinct experiences.—A.F.

BABY BOOMERS

The generation after World War II and the Cubs' last World Series appearance, in 1945, Boomer Cubs fans found 1960s heroes in Ron Santo, Billy Williams and "Mr. Cub" Ernie Banks. Some Baby Boomers would protest the Vietnam War, while others, known as Bleacher Bums, would simply protest endless losing with near-perfect game attendance and rabid fandom. Some are still with us, still watching, still hoping.

GENERATION X

The first generation born after Major League Baseball introduced the structured playoffs, Gen X came of age during cable TV. As "latchkey kids," they came home every day from school alone, babysat by Harry Caray, to watch the last few innings of day-only games on WGN-TV. Bruce Sutter, Rick Sutcliffe, Ryne Sandberg and later Andre Dawson and Greg Maddux would give Cubs fans hope, sprung from the unfulfilled playoff seasons of 1984 and 1989. As some sociologists have written about Gen X, they're still looking for something.

GENERATION Y AND MILLENNIALS

Generally born starting in the early 1980s, Generation Y's Cubs fans could be called Dusty's Kids, play-ready for the small renaissance that started during the 1998 season, when Sammy Sosa won league MVP and Kerry Wood was Rookie of the Year. They grew up and came of age five outs from the World Series, on corked bats and missed chances.

Like Millennials, Gen Y had a tenuous relationship with angry Grandpa Lou Piniella and that odd, misunderstood neighbor, Steve Bartman.

Millennials, called so because they grew up in the 2000s, were the first to take selfies at Wrigley Field, while Wrigley introduced them in turn to the "old people music" of Billy Joel and some guy from The Beatles. Their Cubs didn't win remarkably more games, but they have perhaps a brighter outlook.

GENERATION Z

The youngest generation of Cubs fans is made up mostly of grade school children and also doesn't have a specific starting year. But it's safe to say many Gen Z kids have been born since the Sox won their last World Series, in 2005. Still, most Gen Z Cubs fans would rather eat Brussels sprouts than cheer for the Sox.



BEARS SHOULDN'T BE THINKING ABOUT THE PLAYOFFS

By Chris Sosa | REDEYE

Editor's note: Each week during the NFL season, former Bears defensive lineman Alex Brown shares his football wisdom with RedEye. Responses have been edited for length and clarity.

When coach John Fox says, "We don't have a plan" for when Jay Cutler returns, should the players be worried? What's he trying to say exactly?

I think that he just wants the focus to be on the guys that are there. It doesn't help the football team at all to focus on a guy that isn't going to help us play or help us prepare for that game. If Cutler's not available, then there shouldn't be any focus on him. Talking about, "Well, what about in three weeks?" Well hell, there's so much to think about daily, he ain't got time to think about three weeks from now.

The fact that it's even a question kind of bothers me. They're not winning games, but I don't think it's [quarterback Brian] Hoyer's fault. He's thrown for [1,016] yards in the last three games, [with] no interceptions. He's doing pretty doggone good. Compared to what Jay did in his small sample size this season, I don't think there's any question you gotta keep Hoyer in there. But that's just me.

What scares you about this week's opponent, Jacksonville?

That defense is pretty doggone good and they are uber-athletic at most positions. They've got some speed rushers on that edge coming after the quarterback. [Defensive end Dante] Fowler is a man. We'd better block him or he'll have three sacks in the first half. You look at [cornerback] Jalen Ramsey, this kid is long, fast, has great instincts. The ball goes up in the air and he thinks it's his.

Their receivers are the real deal, too. But [quarterback] Blake Bortles, he throws the nastiest ball. He's been terrible this year as far as not throwing the ball where it's supposed to be and in a timely manner. But if he figures that out, then they have a high-powered offense that can go.

The way [the ball] comes out [of Bortles' hands], it looks unorthodox. It looks like a bad ball, like a ball that's tailing down. Hey, he's gotten this far doing it that way, and he put up a lot of points last year. If he has success early [in the game Sunday], I think he'll start to feel it.

How can the Bears possibly reach the playoffs? Should they even think about that?

What you're trying to do is if you go 3-1 in each quarter, then you're 12-4 and you've

got a chance. All right, we didn't end up that way in the beginning. We ended up 1-3, now we're already 0-1 in the second quarter. What are we gonna do?

Let's try to win the next one, but in this quarter, we've still got some really tough teams. We've got to beat the teams that we're supposed to compete with. But no, don't think about the playoffs. All you've got to think about is getting better. We've got to string plays together; that's how you get a lead. On defense, you've got to string plays together; and that's how you get guys backed up. I don't think the playoffs should be on their mind. Their thoughts should be, "Let's continue to get better each and every week, and let's see where we end up."

Let's see if you can stack on some good weeks together, and before you know it, you're back to .500 and now you're looking a little better as far as where you are in the division. The thought is not "playoffs"—that's too broad. You're thinking about winning your division because that's the easiest way to get into the playoffs.

CATCH ALEX BROWN BEFORE AND AFTER EVERY BEARS GAME EXCLUSIVELY ON COMCAST SPORTSNET CHICAGO'S "BEARS PREGAME LIVE" AND "BEARS POSTGAME LIVE." @REDEYESPORTSCHI | CHSOSA@REDEYETCHICAGO.COM

WELCOME TO WEEK 6

Bears (1-4) vs. Jacksonville (1-3), noon Sunday, CBS

STAT WE HOPE MEANS EVERYTHING

17.9 That's how many yards per catch Bears receiver Alshon Jeffery is averaging, ninth in the NFL. That part is good. What needs to improve is his 6.2 targets per game; that's not enough for someone you're paying almost \$15 million per season.

STAT WE HOPE MEANS NOTHING

62.5% Bears kicker Connor Barth has made only 5 of 8 field goals this season, or a pedestrian 62.5 percent. Can he get it together and take some pressure off his teammates?

VIEWER'S GUIDE

Thursday's game
Denver at San Diego, late



» **Dallas (4-1) at Green Bay (3-1), 3:25 p.m. Sunday, Fox-32**

People love to hate the Cowboys, especially when it comes to bombastic owner Jerry Jones. Still, for Bears fans there's no question of who they want to win this matchup.

» **Atlanta (4-1) at Seattle (3-1), 3:25 p.m. Sunday, Fox**

The Falcons might not end up being for real (same goes for the Seahawks, for that matter). But this week they're two of the favorites in the NFC.



» **Philadelphia (3-1) at Washington (3-2), noon Sunday, Fox**

» **Kansas City (2-2) at Oakland (4-1), 3:05 p.m. Sunday, CBS**



» **Baltimore (3-2) at N.Y. Giants (2-3), noon Sunday, CBS**

» **Carolina (1-4) at New Orleans (1-3), noon Sunday, Fox**

» **Indianapolis (2-3) at Houston (3-2), 7:30 p.m. Sunday, NBC**

» **Cincinnati (2-3) at New England (4-1), noon Sunday, CBS**



» **Cleveland (0-5) at Tennessee (2-3), noon Sunday, CBS**

» **San Francisco (1-4) at Buffalo (3-2), noon Sunday, Fox**

» **Los Angeles (3-2) at Detroit (2-3), noon Sunday, Fox**

» **Pittsburgh (4-1) at Miami (1-4), noon Sunday, CBS**

» **N.Y. Jets (1-4) at Arizona (2-3), 7:30 p.m. Monday, ESPN**

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MOODY
TONGUE'S
PILSEN
TASTING
ROOM

1

By Heather Schroering | REDEYE

Jared Rouben doesn't follow the rules of dining order. "I always start with cake," said the Moody Tongue Brewing founder, and you can too at the Pilsen brewery's tasting room opening later this month.

Simplicity is a virtue for the culinary-focused brewery, and the highly anticipated tasting room only has two pairing options: German chocolate cake and oysters.

"My favorite pairings are dessert and beer, and by the time we get to that, we're either too full or too intoxicated or just exhausted," Rouben said. "So if we're starting with cake and beer, you've got no excuse. And as far as oysters, I feel like I can eat oysters and drink beer all day long."

With 12 tap handles, the beer offerings are more plentiful, making the possible flavor pairings almost endless (trust me). Moody Tongue's four year-round beers—Caramelized Chocolate Churro Baltic porter, Sliced

Nectarine IPA, Steeped Emperor's Lemon saison and Applewood gold—are always on offer, and the rest are a rotating selection of barrel-aged beers, including a chocolate barley wine and a sour [2].

While options may seem limited, approachable complexity is Moody Tongue's strong suit. The German chocolate cake [3], made in-house by pastry chef Shannon Morrison, is a towering 12 layers, each carefully curated to complement characteristics of the beers. On the bottom is a crust made from a blend of chocolate cereal, butter, graham crackers and salted pretzels. The rest are alternating layers of chocolate cake, ground espresso-speckled cheesecake, caramel coco-



2

nut pecan filling and chocolate buttercream covered in a glossy chocolate mirror glaze.

"I want a lot of rubbernecking going on when this cake goes into the room," Rouben said. "We have the wrong piece of cake if we aren't hurting necks when it's being served."

Rouben encourages guests to explore, but his servers are trained to thoughtfully guide

patrons through pairings. While the porter might seem like the obvious pairing for the cake, Rouben, who trained at The Culinary Institute of America, loves the Applewood gold. Think of it like a sweet and smoky pairing at a barbecue. "We take that brisket, we rub it down with brown sugar and then we use fruitwood to smoke it," he said.



3



4



5



6



7

The texture and flavor of the cake also changes with each pairing, but lightness on the palate was a priority. Neither the cake nor the oysters should be too filling, which matches the goal for the beers—to make you want to have another.

The type of oyster [\[1\]](#) on offer will rotate, but the presentation is simple—half shells on ice with lemon wedges (squeeze only if you must). The Steeped Emperor's Lemon saison is the ultimate pairing.

The Moody Tongue tasting room (2136 S. Peoria St.) opens later this month with the following hours: 5 p.m.–midnight Thursday and Friday, noon–midnight Saturday, noon–11 p.m. Sunday and 5–11 p.m. Monday.

Overall, comfort is key at the Moody Tongue tasting room, and it translates in the design. Rather than walk through the brewery, guests can enter on Peoria Street. Built in a 100-year-old glass factory, the space is open, airy and flooded with natural light from skylights [\[5\]](#). Clean and refined with mid-century modern accents [\[6\]](#), the 25-seat white marble bar is the undeniable focal point.

Designed by Jesse and Colleen Neuhaus,

the rest of the room is sectioned off into three spaces: a cozy cove with brown leather booth seating, extra-large four-top tables that mimic a traditional beer hall and a lounge area [\[7\]](#) with vintage leather Eames-style chairs around a white-washed brick fireplace tucked between a brewer's library of books donated from the Siebel Institute [\[4\]](#). The collection is one of the largest brewing libraries in the country, Rouben said, with books dating back to the 1930s. The handblown Austrian glassware, each nearly weightless vessel molded with a double bend for op-

timial aeration, is also part of the aesthetic. And even the water is thoughtful—choose from still or sparkling filtered through the brewery's bright tank.

Moody Tongue's tasting room is beer pairing made easy. And with only two menu options, there's no need to worry about what the next table is ordering.

"Everyone's got a fear of missing out. You get questions like 'What's the best thing [on the menu]?' " Rouben said. "You're getting the best thing on the menu. There's no missing out."

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eat&drink



Good Gourd!

DIG IN TO PUMPKIN SPECIALS, FROM TASTY PASTRIES TO AN ENTIRE DEEP-FRIED PUMPKIN

By Adam Lukach | CHICAGO TRIBUNE

Pumpkin and pumpkin spice have become almost as synonymous with autumn's arrival as falling leaves and Halloween. For any pumpkin lovers out there: We've made you a checklist of pumpkin-based dishes from Chicago restaurants this fall.

SWEET

Dos Urban Cantina

2829 W. Armitage Ave. 773-661-6452

The pumpkin flan (\$7) is based on calabaza en tacha (candied pumpkin), a popular Mexican dessert. The restaurant flipped those sweetly spiced flavors into a flan, punctuated by caramelized chicharrons (fried pork rinds) for a sweet-and-savory, crispy-meets-crunchy creation.

GT Fish & Oyster

531 N. Wells St. 312-929-3501

This one's a showstopper: an entire deep-fried pumpkin (\$15, dinner only) stuffed with sweet potato and cinnamon ice cream, apple sorbet and gingerbread cake. As if that weren't enough, it's also topped with meringue.

The Florentine

151 W. Adams St. 312-660-8866

A fall panna cotta (\$9) is dressed up with spiced cranberry compote, candied citrus and pumpkin seed crumble.

Floriolo Cafe and Bakery

1220 W. Webster Ave. 773-883-1313

The bakery will offer a quartet of pumpkin pieces: a pumpkin cream cheese danish (\$4.75), pumpkin pie with brown-sugar meringue (\$6), a gingerbread pumpkin tart (\$5.75) and pumpkin tea cakes (\$4).

Vanille

Multiple locations

Pumpkin macarons (\$2) are a seasonal staple at the French patisserie, and they return once again this fall.

Seven Lions

130 S. Michigan Ave. 312-880-0130

If their mega pumpkin sundae (\$14) doesn't get you in the seasonal spirit, nothing can. It's a cute concoction of pumpkin ice cream topped with crumbled chocolate cookies, cinnamon caramel, a Rice Krispie treat and pumpkin cake, all capped by a witch's hat. Also fun are the pumpkin spice pancakes (\$13) on the brunch menu—they come with cream cheese frosting and a streusel topping made from Cinnamon Toast Crunch.

SAVORY

Chez Moi

2100 N. Halsted St. 773-871-2100

Chez Moi isn't stopping at sweet pumpkin flavors. The restaurant is also serving pumpkin soup (\$9), pumpkin ravioli (\$22) and trout with wild rice in a roasted mini-pumpkin (\$24). On the brunch menu: a pumpkin omelette featuring sauteed pumpkin (\$10).

Ema

74 W. Illinois St. 312-527-5586

Dip into some pumpkin hummus (\$10), made from kabocha squash (commonly called Japanese pumpkin), pumpkin seeds and a combination of spices adding extra fall flavor.

The Little Beet Table

845 N. State St. 312-549-8600

A beautiful Japanese pumpkin soup (\$12) is made with roasted ginger, white miso, creme fraiche and toasted seeds.

Publican Quality Meats

825 W. Fulton Market 312-445-8977

Pumpkin seed pesto dresses a sandwich with spicy capicola, mozzarella, saba and giardiniera, appropriately called Some Like it Hot! (\$13).

Tortoise Supper Club

350 N. State St. 312-755-1700

Pumpkin soup (\$7) comes with Jarlsberg cheese and brioche croutons on top.

DRINKS

Beatrix

519 N. Clark St. 312-284-1377

Pumpkin cream nitro coffee (\$5) offers a chance to get both your caffeine and pumpkin fixes in one beverage.

Hi-Vibe

160 W. Kinzie St. 312-724-8423

It's not a PSL; it's a pumpkin spice bulletproof coffee (\$8) from Hi-Vibe, with a blend of spices giving your cup of joe some fall flavor.

Kitchfix

1165 N. State St.

Again, drop the PSL and try the Fall Spice Butter Brew (\$7) instead. The drink punches up Limitless coffee with MCT oil, butter, maple syrup, collagen protein and fall spices.

M Burger

Multiple locations

Local, house-prepared pumpkin meets vanilla ice cream for a pumpkin pie shake (\$5), topped off with graham cracker crumbs and a bit of pumpkin spice.

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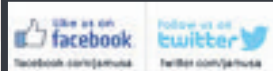
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tv



Tyler Young in 'Eyewitness'

KEEP YOUR 'EYE' ON THIS GUY

CHICAGO-AREA NATIVE BRINGS COMPLEX CHARACTER TO LIFE IN 'EYEWITNESS'

By Margaux Henquinet | REDEYE

Without strong, well-drawn characters who feel real, like you know them and understand their emotions and loyalties and flaws, a drama just won't work. Plot twists carried out by characters who feel fake, like their actions are dictated by someone's script rather than by their own human decisions, just don't quite land. ¶ Fortunately, that is very much not the case in "Eyewitness," a new drama premiering Sunday on USA that follows the aftermath of a triple homicide in a small New York town.

There are few one-note characters in its ensemble cast, which is instead populated with wonderfully complex figures: a dedicated small-town sheriff trying to juggle her suddenly-more-complicated job with her suddenly-more-complicated family; her loving, kind husband trying to support her and keep up with the changes; a pair of strong-willed sisters on opposite sides of the law, both trying to do right by the people they love.

As Chicago-area native Tyler Young put it, "There wasn't any character that felt like it was just a cliché or it was there to just serve one singular purpose. Every character on

the show gets an identity that has multiple layers, and every character's dynamic, every character has a story."

He would know: Young plays Philip Shea, the show's lead teenage character, whose story might be the most layered of all. He's a city boy in a small town, a son worried about and missing his drug-addicted mother, a foster kid trying to fit into a new family dynamic, a seemingly comfortably gay teen in an environment where he can't be open about that. And, to top it all off, he's now a witness to the series' central terrible crime.

"He's been through so much more honestly than I've probably been through in my entire life at this point," Young said.

Young grew up in the Chicago area, attending Stevenson High School in Lincolnshire and DePaul University. Though he now lives in Los Angeles, he has lived in various parts of Lincoln Park as well as the River North/Gold Coast area.

At 25, he already has a variety of material on his resume: training at DePaul and The Second City, appearances on "Chicago Fire" and "Empire," a stint as the lead character of "The Avatars," a musical show for the European Disney Channel.

But Philip is just the kind of character he wants to play, and "Eyewitness" is just his kind of material. Pretending to be a teen on a G-rated show for a European market was a stretch for him, he said, and moving from that into his "Eyewitness" role was easy, as he said his goal has always been to do more drama.

"The character's really different from me, but tapping into this sort of dark, brooding,

"I tried to get an understanding of what that experience is like, to go through the foster care system, to sort of have to struggle to find your identity, not only your sexual identity, but also your general identity in the world, who you feel that you are, who you feel that you can become given your circumstances in life."

—Tyler Young, who plays the character Philip Shea in 'Eyewitness'

A moody master class in plot twists and cliffhangers



Margaux Henquinet

» mhenquinet@redeychicago.com
» @gauxmargaux

Streaming television has spoiled us: These days we can and do burn through most of our high-intensity shows in one sitting, resolving cliffhangers in just the time it takes the next episode to load. So get ready for a few months of frustration (but oh, such delicious suspense) while you're

forced to wait a whole week between episodes of "Eyewitness," which will be dropping its gripping cliffhangers Sundays on USA this fall.

What happens?

A romantic encounter in a secluded cabin between high schoolers Philip (Tyler Young) and Lukas (James Paxton) gets cut short when four rough-looking men show up and promptly start a fight that ends with three of them dead. The teens escape, but then what? The killer's on the loose, and he knows the witnesses are out there. The police don't, though—reporting the crime would mean revealing their meetup and therefore their sexuality, which Lukas very much does not want to do. Oh, and the sheriff from whom Philip is hiding what he knows? She's his foster mom. Yikes.

What's good?

Wow, does this show know how to work a

plot twist. An anthology series, "Eyewitness" just keeps going with them, ending each chapter with a revelation or cliffhanger. And none of them feels contrived; each crazy development feels like a natural product of human emotion, and each dramatic near-miss in cracking the case feels like something that just happens when you put together a very determined sheriff and a very smart criminal. Most of the characters are well-drawn, so you understand where their minds are, but they surprise you, too, like any real person can.

And while it's weird to mean a comparison to "Twilight" as a compliment, there's a definite similarity there, and it

totally works. Catherine Hardwicke directed both that 2008 film and the first two episodes of "Eyewitness," and the gorgeously dark style she brought to the woodsy-small-town-set vampire romance is perfect for this woodsy-small-town-set crime story. (Exception: a scene that—no

joke—uses a song that appeared in "Twilight" while featuring a character named Bella. Never underestimate the ability of former-teenage-girl fans to remember those details.)

What's bad?

A bunch, to be honest. Some plot threads are dropped or underdeveloped, and even at the end of the series, it's not totally clear what set some of the main events in motion. Several scenes build up intensely to key moments but then, bafflingly, skip from the buildup to the fallout, skipping the climax altogether. There's a teenage sort-of-sex tape

REVIEW
Eyewitness

★★★★☆

9 p.m. Sunday,
USA Network



James Paxton as Lukas (left) and Tyler Young as Philip in 'Eyewitness'

that's made and shared with zero fallout, and a lot of show goes by before Philip and Lukas' relationship seems real.

But for every less-than-great aspect, there's a great one. A cliché, unconvincing conversation about feelings ("You don't know me!") is followed by an unexpected, thoughtful gesture that says more than the words did. Some frustrating tension between two solid female characters early on—what is with this trope of "There can only be one lady in charge"?—turns into solid teamwork. And

when things get a little messy or slow, one of those well-executed plot twists comes along to put you right back on the edge of your seat. By the series' midpoint, all flaws are forgiven in the interest of just getting to see what happens next.

Final verdict

You might throw your hands up in exasperation a few times, but you'll keep watching, and the wait between cliffhanged weeks will be a tough one.

crime-ridden, moody kind of show felt very natural to me, actually," he said.

Because Philip isn't based on any real person, Young said he was able to "mold and create his identity."

Young said he had seen friends' "journeys with self-acceptance and exploration of their sexual identity" and discussed those experiences with them, and their stories and others he read helped inform his understanding of Philip's.

For the more unfamiliar experience of going through the foster system, he turned to research, reading articles and books and watching a documentary to take in different perspectives.

"I tried to get an understanding of what that experience is like, to go through the foster care system, to sort of have to struggle to find your identity, not only your sexual identity, but also your general identity in the world,

who you feel that you are, who you feel that you can become given your circumstances in life," he said.

A key storyline in "Eyewitness" is Philip's secret relationship with his popular classmate Lukas, who is far from openly gay. The two teens are together in a secluded cabin when the series' central crime occurs, and they don't come forward as witnesses because doing so would reveal their relationship and therefore their sexuality.

The focus "Eyewitness" puts on their relationship is something Young identified as unique and interesting about the show, that it's putting a love story between two teenage boys at the forefront of the action.

"It's not a side plot, it's not a gimmick, we're not token characters in any way," he said. "We are one of the main relationships that is focused on in the show. And I think we explore this relationship very deeply. ... I've never

seen a television show that explored a teenage relationship between two people of the same sex so deeply as we do on 'Eyewitness,' and I think people are gonna be surprised at how far our relationship goes, the areas that we touch upon."

Young's not sure if we'll be seeing more of "Eyewitness" after this season—it's an anthology series, like "American Horror Story" or "American Crime Story," so this season's storyline will have run its course, wrapping up fairly neatly at the end. But a lot of the anthology series out there today use repeat ensemble casts—again, see "American Horror Story"—and Young said that the cast for this first season had great chemistry and "truly love[s] each other."

"If the idea was presented, I wouldn't doubt that people would be interested in getting the gang back together and telling another story, another eyewitness account, so we'll see," he said.

As "Eyewitness" prepares to make its debut, Young's still waiting to choose his next project, and hoping for something that he and his fellow cast and crew are as passionate about as they were about this series.

He didn't want to identify a specific type of project for his future-job wish list—"something on paper can be one thing, and then in execution it's completely different," and it all comes down to the people involved and their energies, he explained.

But he's interested in doing a dark comedy, or a dramedy, "although I think all drama has some, all good drama, at least, should have some humor to it and some pathos. It's a mix of those." Or something like "Transparent," he said, "where it's sort of a fusion of comedy and drama and everything in between."

Something, it sounds like, with plenty of layers.

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movies

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**THE
ACCOUNTANT**
R

Ben Affleck in 'The Accountant'



'The Accountant' is better than you'd expect



**Lauren
Chval**

» laurenychval@redeyechicago.com
» @lchval

Maybe you've seen trailers for "The Accountant," which feature Ben Affleck alternating between brooding like a badass and sticking up for pocket protectors. "Who is he?" someone asks. "The Accountant." "Like CPA accountant?" Cut to Affleck holding a giant gun. "Not quite."

If you've already decided to write this movie off as a cheese-fest, no one could blame you. But despite questionable dialogue and a slow beginning, "The Accountant" comes together like a puzzle that's just interesting enough to leave you satisfied.

What happens?

Christian Wolff (Affleck) has a gifted mathematical mind but also struggles with autism. He works as an accountant, cooking the books for high-profile criminals and moving around under aliases. A young accountant, Dana (Anna Kendrick), at a tech company discovers an error in their books and Christian gets brought in, but before he can get to the bottom of it, people start getting killed. He goes against his anti-social habits to protect Dana and figure out what's really going on.

What's good?

It can be hard to take Affleck seriously, but his performance here works. He commits to the social disorder in mannerism and voice, and his dialogue delivery displays smart comedic timing. In fact, his bluntness undercuts a lot of the cheesiness that threatens to weigh the film down. Weirdly, his dynamic with Kendrick's Dana is natural and enjoyable.

There are a lot of pieces to "The Accountant," and once the film gets going, they're not hard to put together. But the movie is smart to not treat its twists and turns as big shocks—it leads you through them and expects you to know what's coming instead of indulging in melodrama.

What's bad?

Well, the dialogue is occasionally unforgivably terrible; keepers like, "That gun makes you a big man," are snort-inducing. "The Accountant" also uses the worst of expositional techniques: having two people discuss information they're both already fully aware of for the audience's sake. The beginning is so hard to slog through that it takes a second to realize how enjoyable the second half is.

Final verdict

Much better than you expect it to be, "The Accountant" is a fun time despite its weaknesses.

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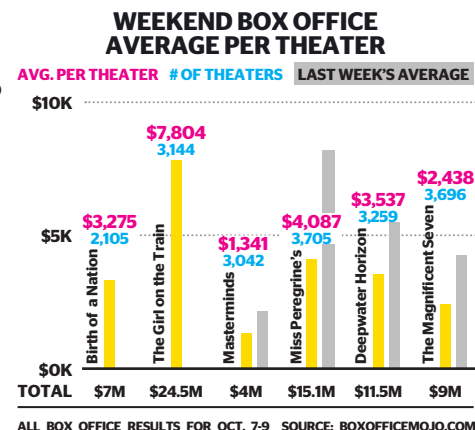
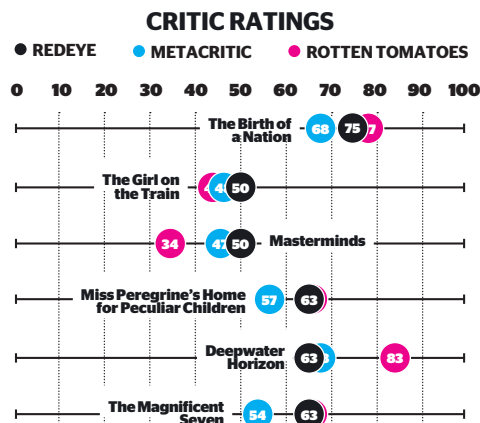
Armie Hammer (from left), Nate Parker and Jayson Warner Smith in 'The Birth of a Nation'



movie business

A WEEKEND BOX OFFICE ROUNDUP

With a new batch of movies opening, you may be digging through your brain to remember what else came out recently. Here's a look back at what RedEye thought about some of the movies, an idea of how critical aggregators rate them and how much money each brought in last weekend. —REDEYE



WHAT WE SAID...

THE ACCOUNTANT R



Read the review by Lauren Chval on Page 16.

THE BIRTH OF A NATION R



"The Birth of a Nation" is a moving, angry film that directly ties history to the current atmosphere of the country. With a little more focus, it could have harnessed its blind burst of rage.

THE GIRL ON THE TRAIN R



"The Girl on the Train" hits every beat you'd expect until you realize it has nothing to say.

MASTERMINDS PG-13



Good and interesting jokes are peppered throughout, but they only serve to highlight the bar that "Masterminds" couldn't hit.

MISS PEREGRINE'S HOME FOR PECULIAR CHILDREN PG-13



A charming (if familiar) story that doesn't know how to wrap itself up.

THE MAGNIFICENT SEVEN PG-13



A fine time, but so much less than the sum of its parts.

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2013 HYUNDAI ACCENT HATCHBACK, 42K MILES! STK. #Y10778A	\$3,491 **
2015 HYUNDAI ACCENT GLS, 41K MILES! STK. #YPJ4607	\$3,491 **
2013 CHEVROLET CRUZE LS, 54K MILES! STK. #YPJ4725A	\$10,491 **
2015 FORD FOCUS SE, 42K MILES! STK. #YPJ4797	\$10,491 **
2013 DODGE DART SXT, 40K MILES! STK. #YPJ4789	\$10,991 **

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2013 CHEVROLET MALIBU, 53K MILES! STK. #YPJ4722	\$12,491 **
2013 NISSAN SENTRA, 46K MILES! STK. #YPJ4777	\$12,491 **
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2005 FORD EXPLORER--SILVER--4x4--P19971A	\$3,977.00
2005 FORD ESCAPE LTD--RED--LTHR--53668A	\$4,977.00
2006 FORD F-150--BLUE--4x2--V6--53738A	\$6,977.00
2011 CHEVY EQUINOX--BLUE--FWD--52259B	\$8,977.00
2013 FORD FIESTA SE--SILVER--POWER--P19661A	\$9,977.00
2013 FORD FOCUS--BLACK--POWER--52841A	\$9,977.00
2013 CHRYSLER 200--BLACK--FULL EQUIPT--15297A	\$10,977.00

GREAT VALUES***

2006 TOYOTA RAV 4--GREEN--LOW MILES--LOADED--53583A	\$9,977.00
2008 FORD EXPLORER EDDIE BAUER--BLACK--LOADED--53675A	\$10,977.00
2010 BMW 328i xDRIVE--BLACK--MUST SEE--53044A	\$10,977.00
2011 BUICK LACROSSE--TAN--V6--MUST SEE--15063A	\$13,977.00
2014 MITSUBISHI LANCER GT--BLACK--NAVI--LTHR--15109A	\$14,977.00
2013 DODGE CHARGER SE--WHITE--LOW MILES--V6--53470A	\$16,977.00
2015 JEEP COMPASS--RED--4x4--ALLOYS--53018A	\$17,977.00
2014 HONDA CIVIC Si--ORANGE--ROOF--RARE--LOW MILES--15359A	\$19,977.00

BEST DEALS ON OUR BEST TRUCKS***

2012 FORD FLEX LTD--WHITE--NAVI--53698A	\$14,977.00
2014 FORD ESCAPE SE--SUNSET--LOW MILES--53649A	\$16,977.00
2014 RAM 1500 CREW SPORT--BLACK--NAVI--LTHR--ROOF--53496A	\$26,977.00
2010 CADILLAC ESCALADE ESV--WHITE--MUST SEE--53542A	\$27,977.00
2012 GMC SIERRA SLT--ALL TERRAIN--BLACK--LTHR--ROOF--52018A	\$28,977.00
2014 FORD EXPLORER SPORT--BLACK--LTHR--ROOF--NAVI--53631A	\$28,977.00
2014 TOYOTA HIGHLANDER LTD--BLACK--DVD--NAVI--P19883	\$32,977.00
2015 INFINITI QX70--SILVER--LTHR--NAVI--MUST SEE--52945A	\$33,977.00

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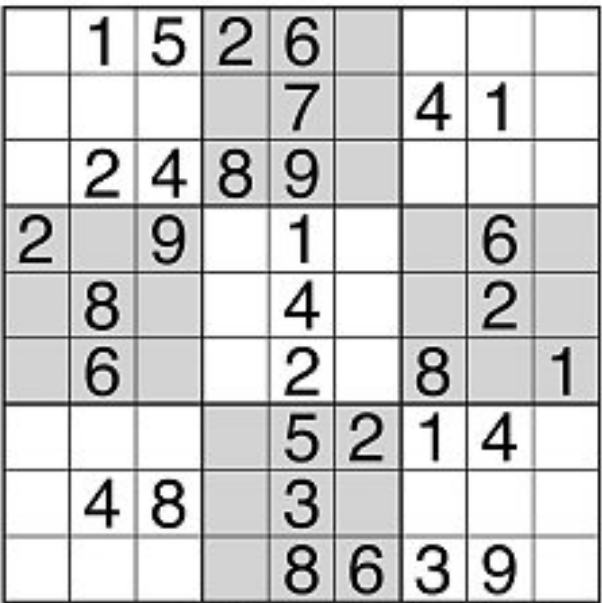
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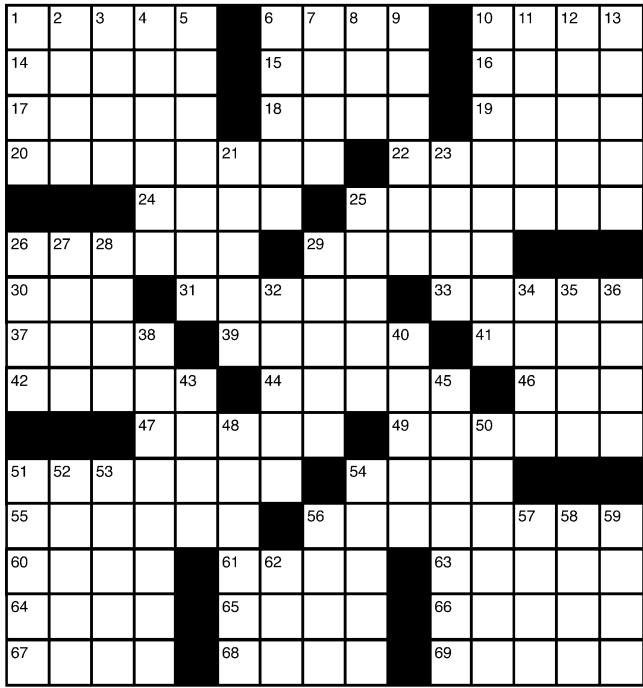


ACROSS

- 1 Estate home
6 Reveal a secret
10 Cornmeal porridge
14 Wed without fanfare
15 Costa
16 Bump __; meet unexpectedly
17 Feeds the pigs
18 British __; tennis tourney
19 Keep in __; march properly
20 Summary
22 On the go
24 __ of approval; official blessing
25 Like a knotty twisted branch
26 Bee or beetle
29 Clear the slate
30 Author Tolstoy
31 Piece of dining room furniture
33 Injures
37 Light source
39 "Jane Eyre" or "Little Women"
41 Yellowish wood
42 Water vapor
44 Compare
46 French friend
47 University in Medford, MA
49 Language heard in Berlin
51 De Gaulle or Dickens
54 Book leaf
55 Spookier
56 "Take Me Out to the __"
60 -ran; loser
61 Conceited
63 Very willing
64 Thin opening
65 Monster
66 As __ as a bell
67 Geologic periods
68 Curtain holders
69 Tries out

DOWN

- 1 Disarray
2 Friendly nation
3 Lunchtime
4 Fight against
5 Think highly of
6 Cook, as steaks in an



- oven
Cold sore spots
Highest spade
Yellow fruit
Abuse
Up to the time that
Martin or Allen
Remained optimistic
Hell's ruler
Singer Johnny
Socrates or Onassis
Problems
Tidy
Partial amount
Lisa Marie's dad
Leaves suddenly
Enlarge a hole
Family member
Dermatologist's concern
New England team
Allowed; licit
Pack animal
Leave undone, as one's
duty
Passion
Entertain with a feast
Stop
" __, Dolly!"
Illegal burning
Glass squares
Hawk or heron
Grows gray
Protein source
Slips up
In the past

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red hot

Marvel's 'Doctor Strange'

THE DIGIT
\$55M-\$75M

That's how much money Marvel's "Doctor Strange" is projected to make, according to [deadline.com](#). Even if the film opens at the low end, it'll be the best opening the box office has seen so far this fall, Deadline reported. It's set to be released Nov. 4.



AP FILE

This could be your shot

Two months after coming under fire for putting together a fall lineup with six—six!—new shows that all had white male leads, CBS is launching a casting initiative aimed toward increasing the diversity of the talent pool for its dramas. "This initiative is focused on increasing exposure for people who belong to groups that have traditionally been under-represented, including African American, Asian American, Latino, Native American, Pacific Islander, LGBTQ actors and/or performers with disabilities," the initiative's web page says. Here's how it's going to work: Though Oct. 28, U.S. residents age 18 or older can submit applications and videotaped auditions online. Callbacks will be held in November in five cities across the country (including in Chicago on Nov. 2-4), and from there 14 to 16 people will be chosen for a screen test in Los Angeles in early December. Get all the details at [cbsdiversity.com](#). Good luck, and don't forget us if you get famous, OK?



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THE QUOTE

"It's not dorky. It's actually a cool Batman room. Sexy."

—**Matthew Perry**, to Jimmy Kimmel, about the room in his house devoted to Batman. Perry told Kimmel that he's had the room for about three or four years, and that the items are related to the Christian Bale movies.

Just what we wanted

Reese Witherspoon is writing a lifestyle book. According to [thr.com](#), Witherspoon's untitled book will feature photographs, personal essays, funny stories and how to draw upon the South's "signature style, grace and charm." It's due out in 2018. Oh, we just can't wait to not buy this book.



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Bob Dylan in 1965
GETTY IMAGES FILE

And the Nobel Prize in Literature goes to ...

... Bob Dylan! Wait, what? Yep. The singer-songwriter was awarded the Nobel Prize in Literature on Thursday for "having created new poetic expressions within the great American song tradition," according to [nobelprize.org](#). The New York Times reported that he is the first American to win the prize since novelist Toni Morrison won in 1993. You know what they say, when words are hard, just listen. Or something.

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